

School Offerings

Breakfast Meals



Breakfast offerings include daily entree, fruit and or fruit juice, milk. Students must take 3 items and one must be fruit or juice.

Lunch Meals

OFFER vs SERVE
The Five Meal Components for School Lunch

Choose **at least 3** including:

• ½ Cup of **Fruits** or **Vegetables**

• At Least 2 **Other Food Groups**

For best nutrition, **choose all 5**

Snacks

Smart Snacks/ A la Carte items

All foods sold at school during the school day are required to meet nutrition standards. The Smart Snacks in School regulation applies to foods sold a la carte, in the school store, vending machines, and any other venues where food is sold to students.