

Hampden Academy Field Hockey SUMMER DAY CAMPS

Please return Registration Form and inquiries to:

Amanda Grove
% Hampden Academy Field Hockey
89 Western Ave, Hampden, ME 04444
Email: agrove@rsu22.us

June 25-29, 2018

Grades 3-5 from 9:00-11:00
Cost: \$50

Grades 6-8 from 1:00-4:00
Cost: \$75

Please make checks payable to: **Hampden Academy Field Hockey**

TYPICAL DAY AT CAMP

GRADES 3-5		GRADES 6-8	
9:00	Opening Remarks/Warm-Up	1:00	Opening Remarks/Warm-Up
9:30	Skills Stations	1:30	Skills Stations
10:00	Small Games	2:30	Lecture
10:30	Scrimmage	2:45	Stations Aligned to Lecture
11:00	End of Camp/Pick-Up	3:30	Scrimmage
		4:00	End of Camp/Pick-Up

EQUIPMENT	ABOUT the CAMP	FACILITIES
Each camper should bring a stick, shinguards, sneakers, mouthguard, sunscreen and a water bottle (campers in grades 6-8 will need goggles). ALL GEAR SHOULD BE MARKED WITH THE CAMPER'S NAME.	The HA Field Hockey Day Camp is designed for the development of the field hockey athlete from beginning to advanced levels. All campers will receive instruction at their ability level from qualified coaches and current HA field hockey student-athletes.	The camp programs will be conducted at Hampden Academy. Due to the upcoming turf replacement project, this year's camp will be held on the grass field hockey field located on the infield of the track.

REGISTRATION FORM

REGISTRATION MUST BE RECEIVED BY FRIDAY, JUNE 8TH TO GUARANTEE T-SHIRT.

Athlete Name: _____ Grade 2018/2019: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Name (PRINT): _____

Parent/Guardian Email: _____ Contact # During Camp: _____

Medical Issues/Allergies: _____

Circle T-Shirt Size: YS YM YL AS AM AL AXL

**Circle Session
Attending**

Grade 3-5 from 9:00-11:00
Amount Due: \$50

Grades 6-8 from 1:00-4:00
Amount Due: \$75

Total Amount Enclosed: _____ Check #: _____ Date: _____