



Football Informational Meeting

I. Player Profile

II. Summer Workouts: Begin Monday, June 25th

Monday and Wednesday Mornings Only (8am to 10am)

* 1st Hour = Weight Lifting

* 2nd Hour = Football Skills & Agilities

(Wednesday, July 26th will be the final morning workout)

III. Team Apparel: Required for all players

Wight's Sporting Goods Online Store

* Player Pack (information will be mailed home)

* Team Cleats

- Primary Color: White

IV. Equipment Issue: Friday, August 10th

Seniors: 9 am – 10 am

Juniors: 10 am – 11 am

Sophomores: 11 am – 12 noon

Freshman: 12 noon – 1 pm

V. Pre-Season: Monday, August 13th (Double Sessions Begin)

Morning Session – 8a to 10:30a

Afternoon Session – 4p to 6:30p

Controlled Scrimmage: Gardiner Tigers/Brewer Witches Monday, Aug 20th

Exhibition Game: Friday, Aug. 24th vs. Hermon Hawks

Hampden Academy Football Program
Player Profile
2018

Player Information:

Name _____ Grade _____
(Last) (First)

Address _____
(Number and Street) (Apt. Number)

City _____ Zip Code _____

Telephone (Home) _____

(Cell) _____

Date of Birth _____

Month/Year Entered 9th Grade _____

Height _____ ft. _____ in.

Weight _____ lbs.

Offensive Position _____

Defensive Position _____

Uniform Number _____
(1st Choice) (2nd Choice) (3rd Choice)

HAMPDEN ACADEMY

BRONCO AIR STRIKE

7-on-7 Summer Passing League



The Hampden Academy Football Program will be participating in a 7-on-7 Passing League with area high schools this summer. This is a great chance to start building team chemistry and developing football skills.

Details:

When: Thursday Nights starting 6/28/18 - 7/26/18

Where: Husson University Football Field

Time: One of 3 sessions - 5:00-6:30, 6:30-8:00, or 8:00-9:30

A full schedule will be available with specific times for each week by the end of the school year. Please contact coaches with any questions.

Contact:

Shane Rogers, Head Coach - srogers@rsu22.us or (207) 944-6800

Matt Lindemann, JV Coach - mlindemann@rsu22.us or (207) 570-0628